

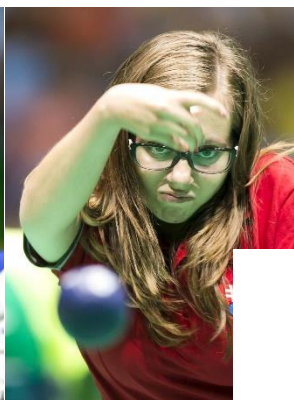
International Youth Camp

Slovakia

2018



boccia & table tennis



22-26 August 2018 - TT Center in Prievidza





International Youth Camp in Slovakia

Date:	22 – 26th August, 2018
City:	Prievidza
Place:	TT Center, https://www.facebook.com/tabletennisforall/
Sports:	Boccia and Table Tennis
Participants:	Young athletes /up to 23 years/ from 10 CEE countries
CEE project:	see link: http://spv.sk/zapojme-sa/cee-project
Delegation:	Consist from 3-4 peoples – max. 2 athletes /born 1996 and younger/ & staff - guide or coach
Programme:	In 3 days it include high quality training and sparring matches with the paralympic champions, tournament and recreational activities, workshop
Organizer:	Slovak Paralympic Committee
Costs:	NPC Slovakia will cover all expenses including accommodation, meals and facilities for participants /excluding only travel costs to and from Prievidza/
Contact:	Samuel Roško, phone: +421 257 789 714, e-mail: rosko@spv.sk web: www.spv.sk

For more information please visit the link: <http://spv.sk/zapojme-sa/youth-camp>

Program of International Youth Camp "Slovakia 2018" in Prievidza

Date	Detail Program	Training	Education	Fun
August 22nd (Wednesday)	Arrivals Dinner Technical meeting			
August 23rd (Thursday)	Breakfast Morning Training Lunch Relaxation Afternoon Training Education Dinner	Boccia morning at 10.30 - 12.30 afternoon at 04.30 - 6.30 pm Table Tennis morning at 08.30 - 10.30 afternoon at 02.30 - 04.30 pm	Training and disbalance of the musculature	Swimming pool
August 24th (Friday)	Breakfast Morning Training Lunch Relaxation Afternoon Training Education Dinner	Boccia morning at 10.30 - 12.30 afternoon at 04.30 - 6.30 pm Table Tennis morning at 08.30 - 10.30 afternoon at 02.30 - 04.30 pm	Nutrition for athletes	Castle and ZOO
August 25th (saturday)	Breakfast Tournament Lunch Visit the local attraction Dinner After Party with ceremony	Tournament in Boccia in Table Tennis		
August 26th (sunday)	Breakfast Departures			